

**“THE ONLY LIMIT IS
YOUR IMAGINATION”**

INDICE

Rush Series.....	p. 4
20.....	p. 4
20+.....	p. 5
30.....	p. 6
30+.....	p. 7
40.....	p. 8
Mechanism.....	p. 9
Carrucole.....	p. 9
Tabella dei carichi.....	p. 10
Regolazione corda.....	p. 11
Accessori.....	p. 13
Basic Kit.....	p. 14
Horns.....	p. 15
Harness.....	p. 16

Pulley.....	p. 18
Stability Kit.....	p. 19
Optionals.....	p. 20
Esercizi parte bassa.....	p. 23
Esercizi parte alta.....	p. 39
Esercizi funzionali.....	p. 39
Prodotti Spacewheel.....	p. 69
Power.....	p. 70
Power Physio.....	p. 71
Physio Rehab.....	p. 72
Infinity.....	p. 73
Contatti.....	p. 74

INDEX

Rush Series.....	p. 4
20.....	p. 4
20+.....	p. 5
30.....	p. 6
30+.....	p. 7
40.....	p. 8
Mechanism.....	p. 9
Carriages.....	p. 9
Load Table.....	p. 10
Rope adjustment.....	p. 11
Accessories.....	p. 13
Basic Kit.....	p. 14
Horns.....	p. 15
Harness.....	p. 16

Pulley.....	p. 18
Stability Kit.....	p. 19
Optionals.....	p. 20
Lower Body Exercises.....	p. 23
Upper Body Exercises.....	p. 39
Functional Exercises.....	p. 39
Spacewheel Products.....	p. 69
Power.....	p. 70
Power Physio.....	p. 71
Physio Rehab.....	p. 72
Infinity.....	p. 73
Contact us.....	p. 74

RUSH SERIES

20



Stazioni di lavoro indipendenti / Work stations **2**

Numero carrucole / Pulleys **20**

Peso / Weight **33 Kg**

Diametro corda elastica / Rope diameter **8 / 9 mm**

Misure / Measures **70 x 49 x 25 cm**

Raggio di lavoro / Working Range

“SET A”: 2 corde con 2 punti di lavoro / **“PACK A”:** 2 ropes and 2 work stations
0 - 8 mt

“SET B”: 1 corda con 1 punto di lavoro / **“PACK B”:** 1 rope and 1 work station
0 - 16 mt



La macchina viene equipaggiata con il “SET A”. Il “SET B” è disponibile su richiesta
The machine is equipped with “PACK A”. “PACK B” is available on request

RUSH SERIES

20+

Stazioni di lavoro indipendenti / Work stations **3**

Numero carrucole / Pulleys **30**

Peso / Weight **35 Kg**

Diametro corda elastica / Rope diameter **8 / 9 mm**

Misure / Measures **70 x 49 x 25 cm**

Raggio di lavoro / Working Range

Punto di lavoro **Plus** / **Plus** work station
0 - 8 mt

“SET A”: 2 corde con 2 punti di lavoro / **“PACK A”**: 2 ropes and 2 work stations
0 - 8 mt

“SET B”: 1 corda con 1 punto di lavoro / **“PACK B”**: 1 rope and 1 work station
0 - 16 mt

La macchina viene equipaggiata con il “SET A”. Il “SET B” è disponibile su richiesta
The machine is equipped with “PACK A”. “PACK B” is available on request



RUSH SERIES

30



Stazioni di lavoro indipendenti / Work stations **2**

Numero carrucole / Pulleys **30**

Peso / Weight **35 Kg**

Diametro corda elastica / Rope diameter **8 / 9 mm**

Misure / Measures **70 x 49 x 25 cm**

Raggio di lavoro / Working Range

“SET A”: 2 corde con 2 punti di lavoro / **“PACK A”:** 2 ropes and 2 work stations
0 - 12 mt

“SET B”: 1 corda con 1 punto di lavoro / **“PACK B”:** 1 rope and 1 work station
0 - 24 mt



La macchina viene equipaggiata con il “SET A”. Il “SET B” è disponibile su richiesta
The machine is equipped with “PACK A”. “PACK B” is available on request

RUSH SERIES

30+

Stazioni di lavoro indipendenti / Work stations **3**

Numero carrucole / Pulleys **30**

Peso / Weight **38 Kg**

Diametro corda elastica / Rope diameter **8 / 9 mm**

Misure / Measures **70 x 49 x 25 cm**

Raggio di lavoro / Working Range

Punto di lavoro **Plus** / **Plus** work station

0 - 8 mt

“SET A”: 2 corde con 2 punti di lavoro / **“PACK A”**: 2 ropes and 2 work stations

0 - 12 mt

“SET B”: 1 corda con 1 punto di lavoro / **“PACK B”**: 1 rope and 1 work station

0 - 24 mt

La macchina viene equipaggiata con il “SET A”. Il “SET B” è disponibile su richiesta

The machine is equipped with “PACK A”. “PACK B” is available on request



RUSH SERIES

40



Stazioni di lavoro indipendenti / Work stations **4**

Numero carrucole / Pulleys **40**

Peso / Weight **45 Kg**

Diametro corda elastica / Rope diameter **8 / 9 mm**

Misure / Measures **70 x 49 x 25 cm**



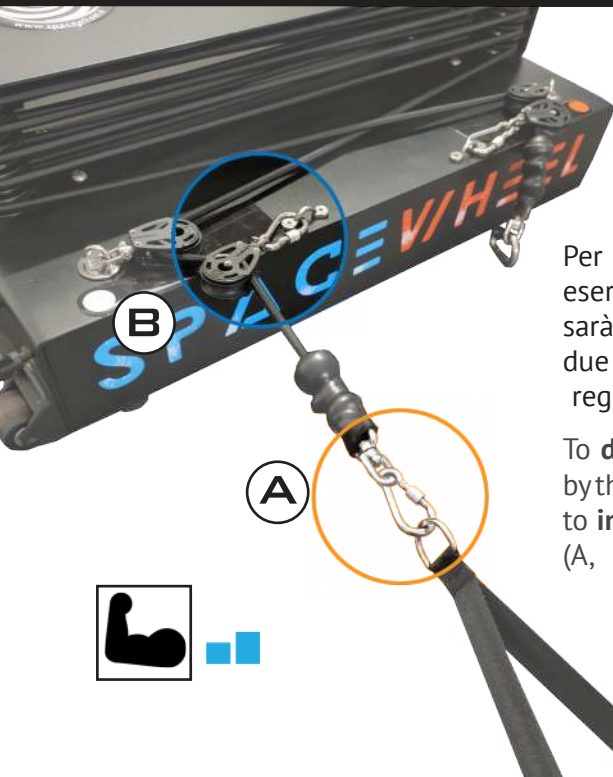
Raggio di lavoro / Working Range

“SET A”: 2x 2 corde con 2 punti di lavoro / **“PACK A”:** 2x 2 ropes and 2 work stations
0 - 10 mt

“SET B”: 2x 1 corda con 1 punto di lavoro / **“PACK B”:** 2x 1 rope and 1 work station
0 - 20 mt

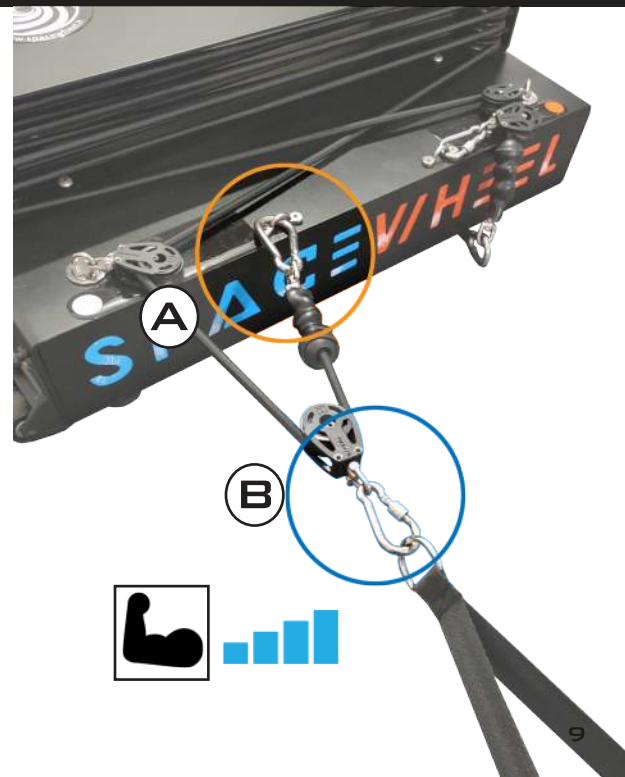
La macchina viene equipaggiata con il “SET A”. Il “SET B” è disponibile su richiesta
The machine is equipped with “PACK A”. “PACK B” is available on request

MECHANISM



Per **raddoppiare** la forza esercitata dagli elastici sarà sufficiente **invertire** i due **moschettoni** (A,B) che regolano il punto di lavoro

To **double** the force exerted by the rubber bands you have to **invert** the two **carabiners** (A, B) that regulate the working point



MECHANISM

RUSH				
ELASTICO Ø 8.0 MM				
DISTANZA				
1	2,50	3,20	4,10	5,00
2	3,20	3,80	4,60	6,50
3	3,80	4,30	5,50	8,50
4	4,20	4,80	6,50	
5	4,70	5,40	8,50	
6	5,30	6,50		
7	6,20	8,50		
8	7,00			
9	8,50			
CON RINVIO DOPPIO SI MOLTIPLICA OGNI CARICO PER 2,50 E SI DIMEZZA LA DISTANZA				

Tabella dei carichi
Load table

Attraverso l'utilizzo del blocca corda posto lateralmente alla macchina è possibile **variare** le resistenze dell'elastico.

Tirando la corda verso l'esterno delle pedane infatti è possibile **aumentare** il carico della corda.

I segni presenti sulla stessa indicano, attraverso la lettura della tabella, il **carico** espresso in kg

Through the use of the rope lock placed on the side of the machine it's possible to **change** the resistance of the elastic.

By pulling the rope towards the outside of the footboards it's possible to **increase** the load of the rope.

The signs on it indicate, by reading the table, the **load** expressed in kg

MECHANISM

Oltre alla **regolazione** laterale della corda è possibile variare l'**intensità** di risposta dell'elastico anche avvicinandosi o allontanandosi dalla macchina stessa

Per rendere la macchina ancora più **adattabile** ad ogni necessità di lavoro sono stati posizionati nella parte **posteriore** del macchinario 3 mt di corda in **eccesso** che possono essere srotolati all'evenienza per distanziarsi dal macchinario e variare il punto di **partenza** dell'esercizio

In addition to the lateral **adjustment**, it's possible to vary the **intensity** of the elastic response even by approaching or moving away from the machine itself

For make the machine even more **adaptable** to any work requirement, 3 meters of **excess** rope have been placed in the **rear** part of the machine, which can be unrolled if necessary to distance yourself from the machine and vary the **starting** point of the exercise



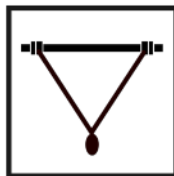


ACCESSORI
ACCESSORIES

BASIC KIT

INCLUDED

Maniglie
Handgrips



2 x	Rush 20
3 x	Rush 20+
2 x	Rush 30
3 x	Rush 30+
4 x	Rush 40

Cavigliere
Ankle braces



2 x	Rush 20
3 x	Rush 20+
2 x	Rush 30
3 x	Rush 30+
4 x	Rush 40

Fascia laterale
Side band



ACCESSORI

HORNS

Barre frontali ruotabili a 90°

Questo accessorio permette di **ampliare** il raggio di azione della macchina e di effettuare esercizi sull'asse verticale o orizzontale

Con **tre** diversi livelli di distanziamento e due angolazioni rendono la macchina **versatile** e adatta ad ogni utilizzo

90° rotatable **side horns**

This accessory allows you to **expand** the range of action of the machine and to perform exercises on the vertical or horizontal axis

With **three** different spacing levels and two different angles make the machine **versatile** and suitable for any use



ACCESSORI

HARNESS



Imbrago a taglia unica con cosciali
One size harness with leg loops

Sacchetta porta imbrago
Harness bag





ACCESSORI

PULLEY

Supporto installabile a muro con rinvio scorrevole h. 100 / 200 cm
Wall installable support with sliding return h. 100 / 200 cm



ACCESSORI

STABILITY KIT



Tappeto in gomma aderente per superfici scivolose
Grippy rubber mat for slippery surfaces

Zavorra 6.2 Kg (ideale per lavori di esplosività)
6.2 Kg ballast (ideal for explosive work)

ACCESSORI

OPTIONALS



Staffa piede
Foot bracket



Fascia per lavori laterali
Side works belt



Bilancere da 140 cm
Rocker cm 140

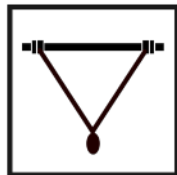
ACCESSORIES

OPTIONALS

Cavigliere
Ankle braces



Maniglie
Handgrips



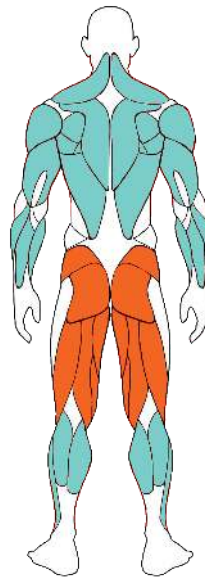
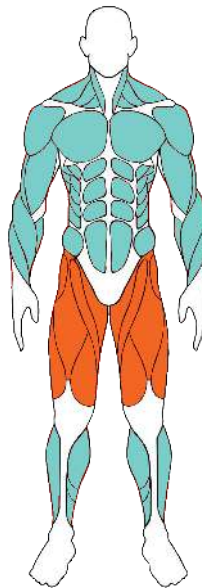
Triangolo pulley
Pulley triangle





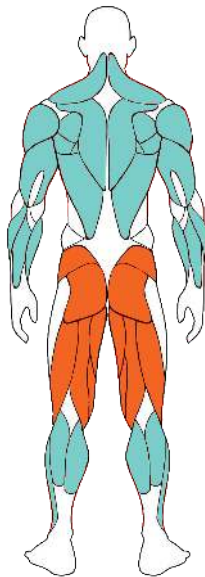
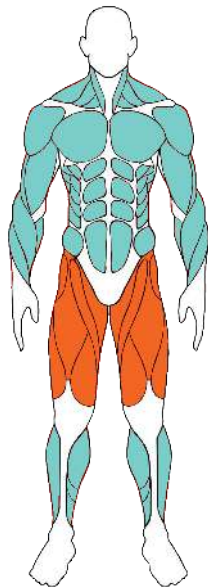
ESERCIZI PARTE BASSA
LOWER BODY EXERCISES

SQUAT



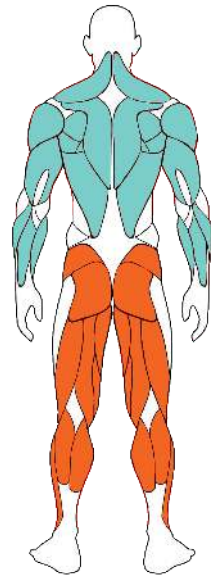
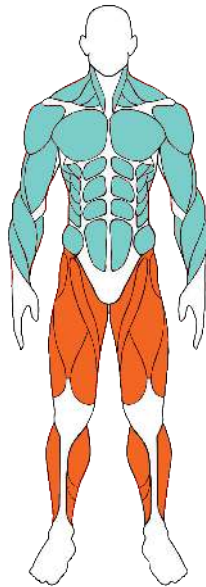
CLASSIC

SQUAT



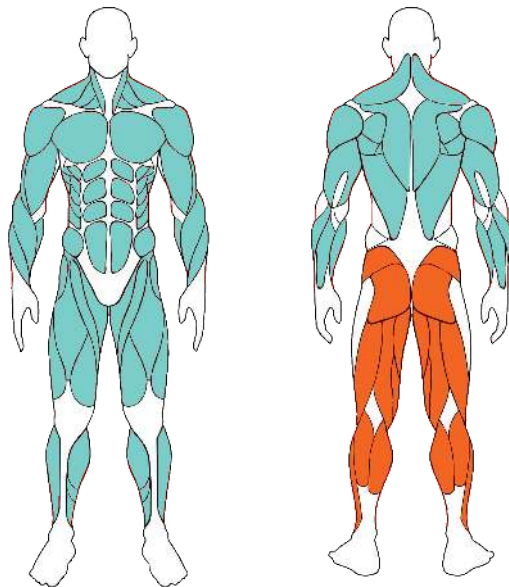
SQUAT WITH ROCKER

SQUAT



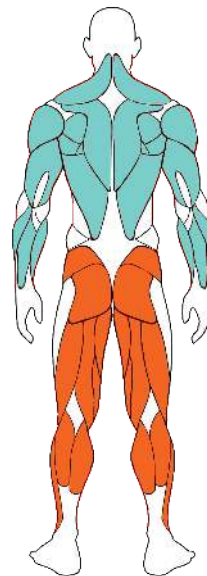
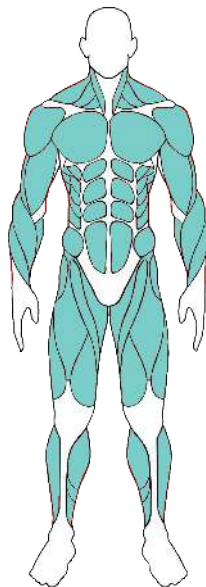
SQUAT JUMP

FEMORALE - HAMSTRING



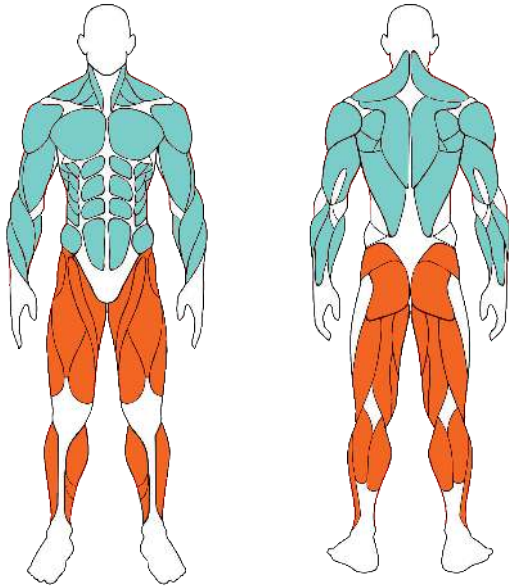
DEADLIFT

FEMORALE - HAMSTRING



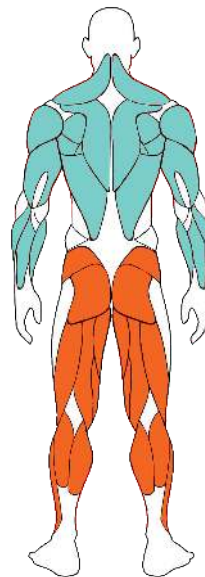
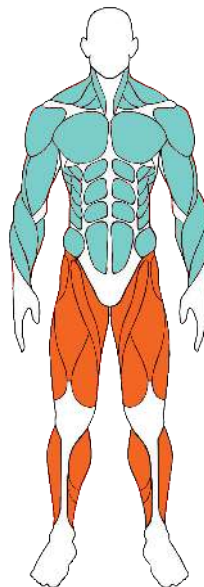
STAND LEG CURL

FEMORALE - HAMSTRING



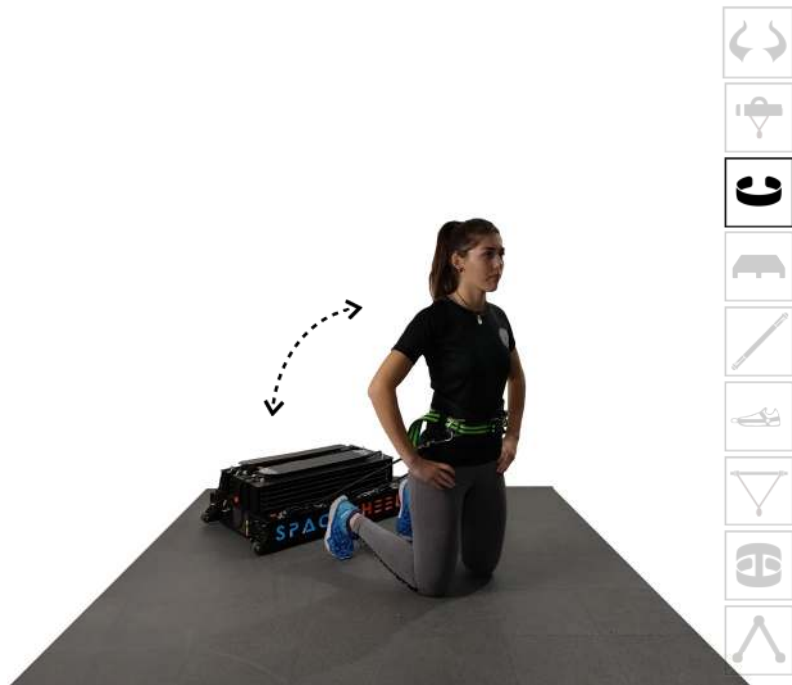
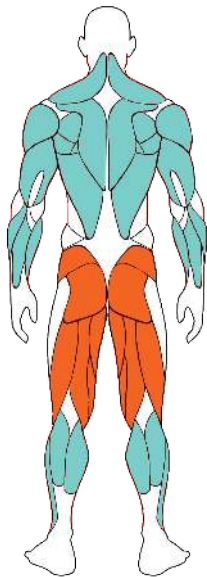
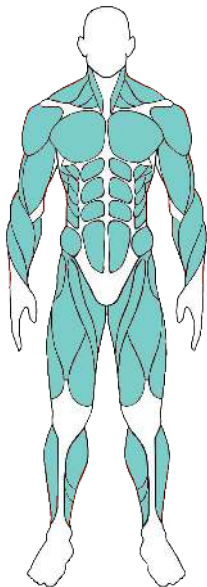
FORWARD WALK

FEMORALE - HAMSTRING



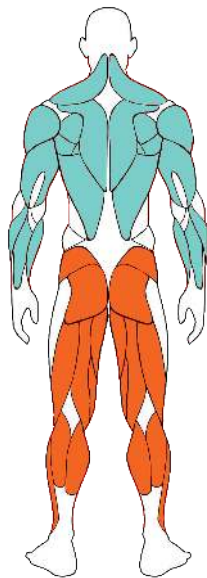
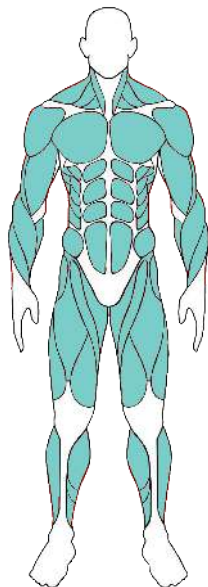
MONOPODALIC

GLUTEI - GLUTES



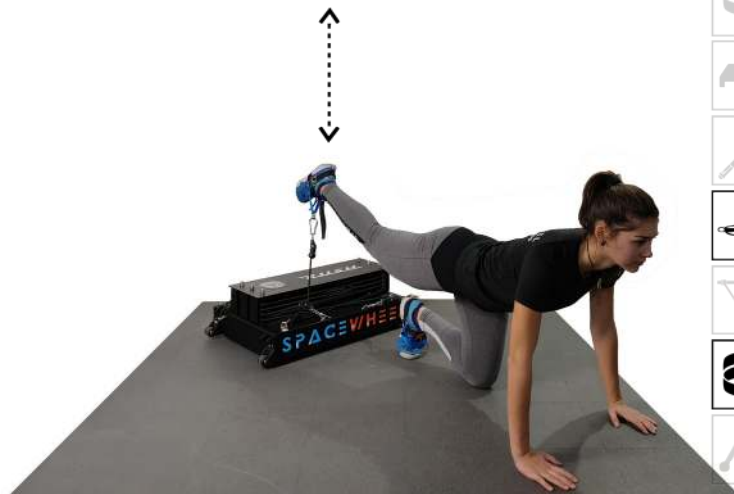
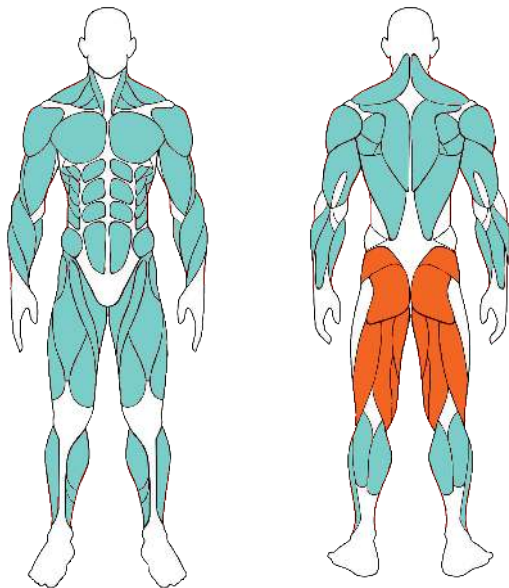
RISE

GLUTEI - GLUTES



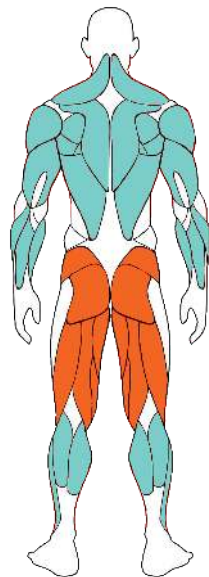
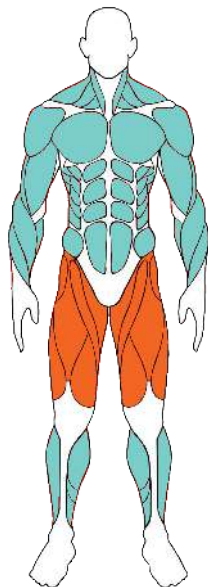
LEG CURL

GLUTEI - GLUTES



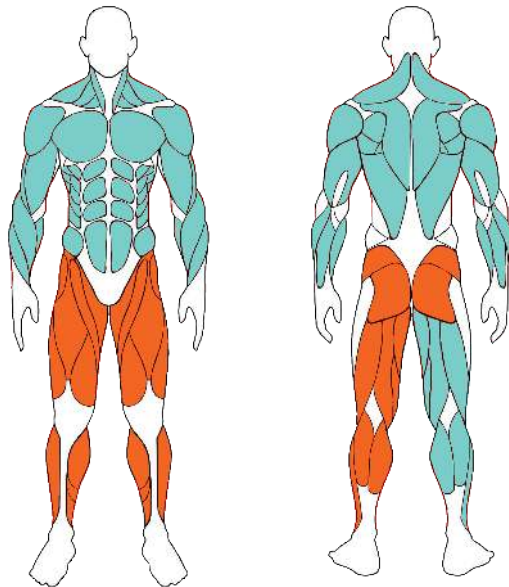
DEEP LEG CURL

AFFONDI - LOUNGES



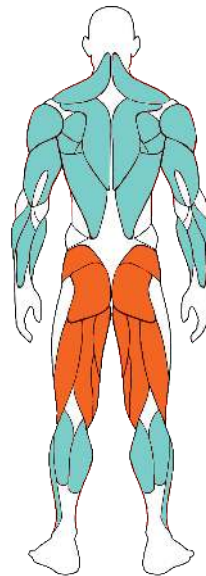
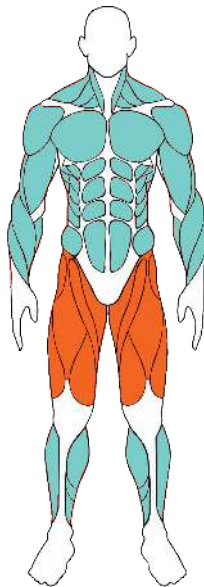
WITH ROW

AFFONDI - LOUNGES



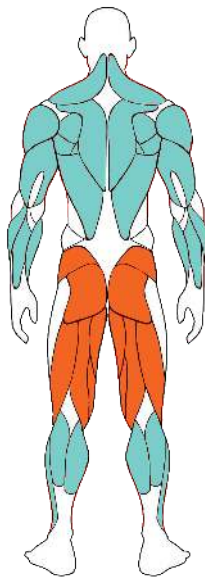
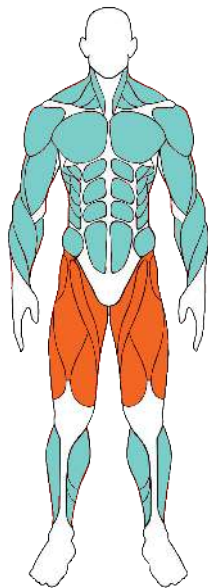
CLASSIC

COSCIA - THIGH MUSCLE



EXTERNAL

COSCIA - THIGH MUSCLE

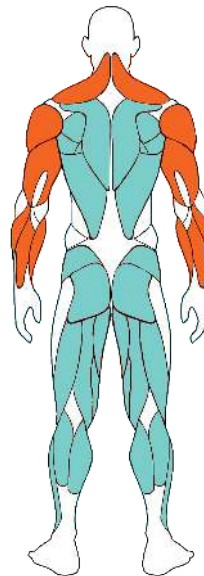
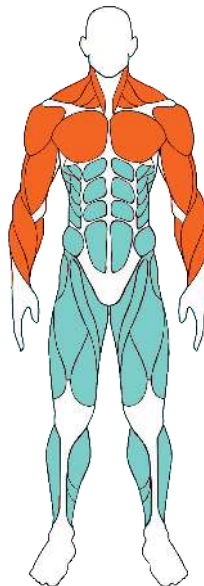


INTERNAL



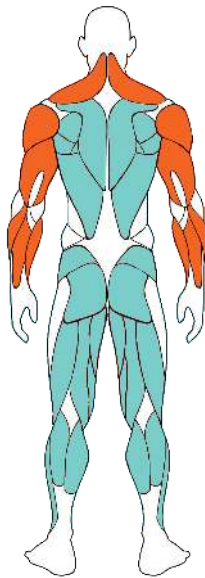
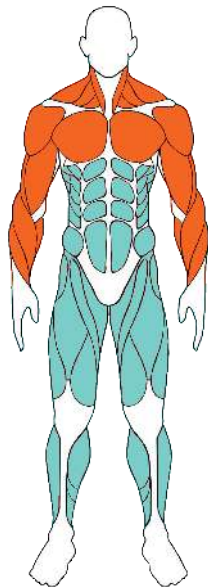
ESERCIZI PARTE ALTA
UPPER BODY EXERCISES

TRICIPITI - TRICEPS



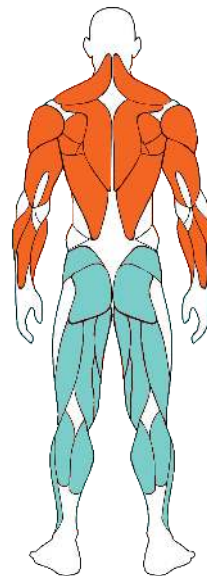
FRENCH PRESS

TRICIPITI - TRICEPS



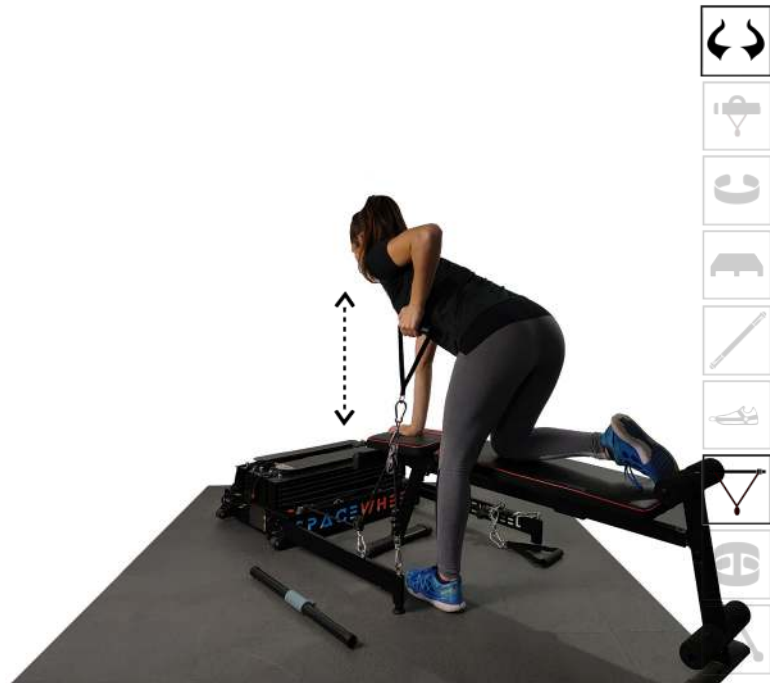
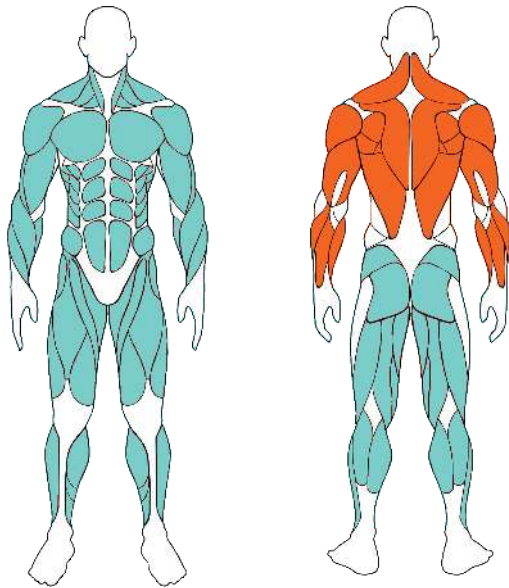
ALTERNATE FRONT LIFT

TRICIPITI - TRICEPS



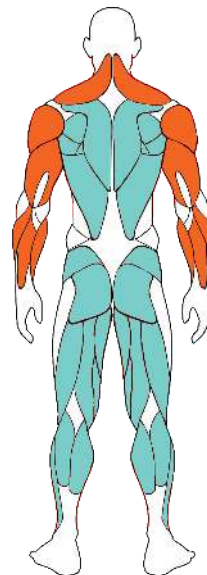
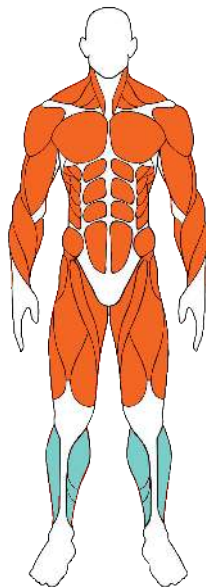
DOUBLE LOWER LIFT

TRICIPITI - TRICEPS



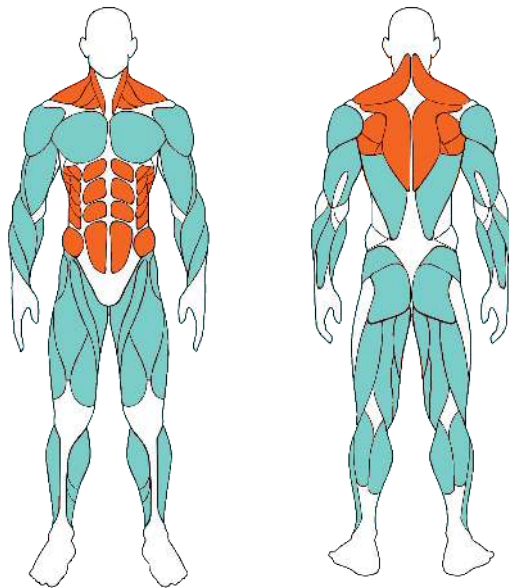
BUST THRUSTS 90°

TRAPEZI - TRAPEZIUM



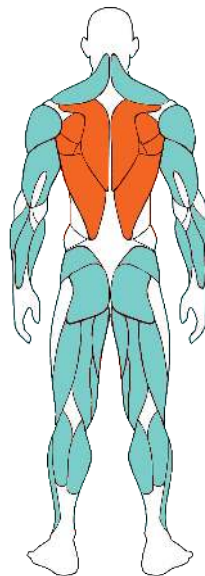
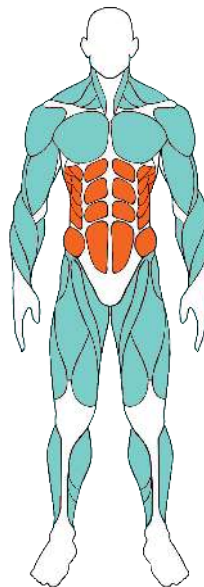
UPRIGHT ROW

TRAPEZI - TRAPEZIUM



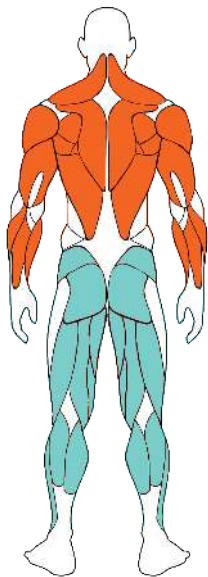
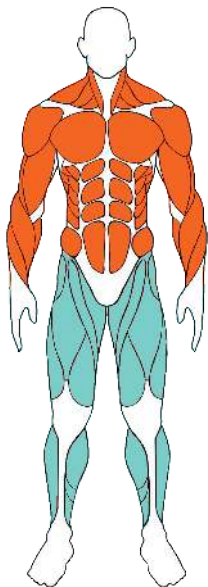
HIGH FRONT LIFT

ABS



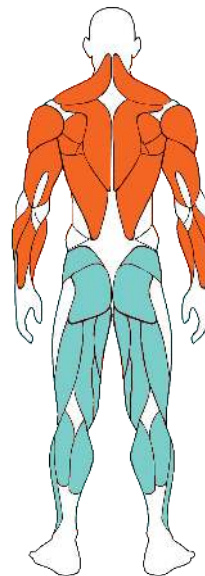
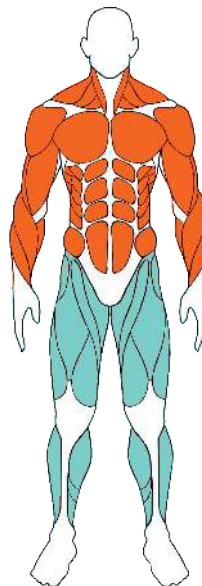
TWIST

PETTO - CHEST



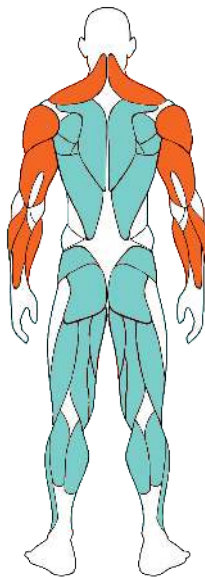
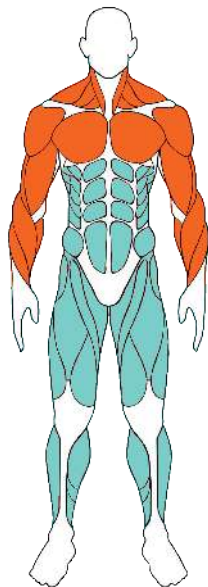
CROSSES

PETTO - CHEST



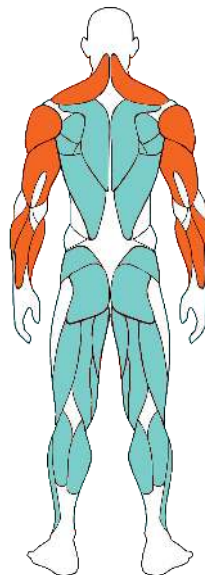
BENCH PRESS

SPALLE - SHOULDERS



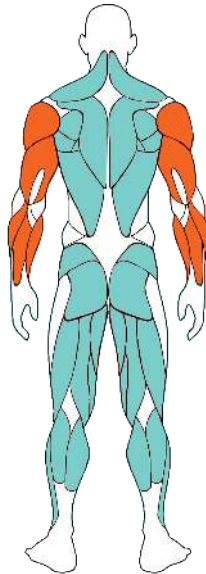
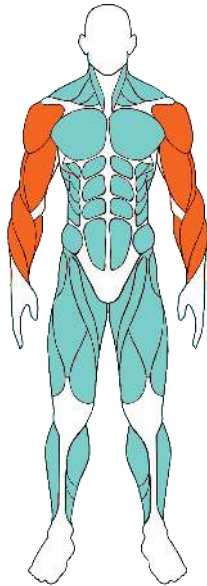
SIDE LIFT

SPALLE - SHOULDERS



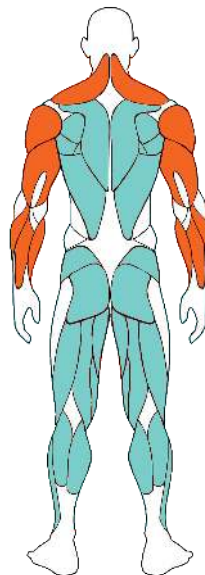
FRONT LIFT

BICEPS - BICIPITI



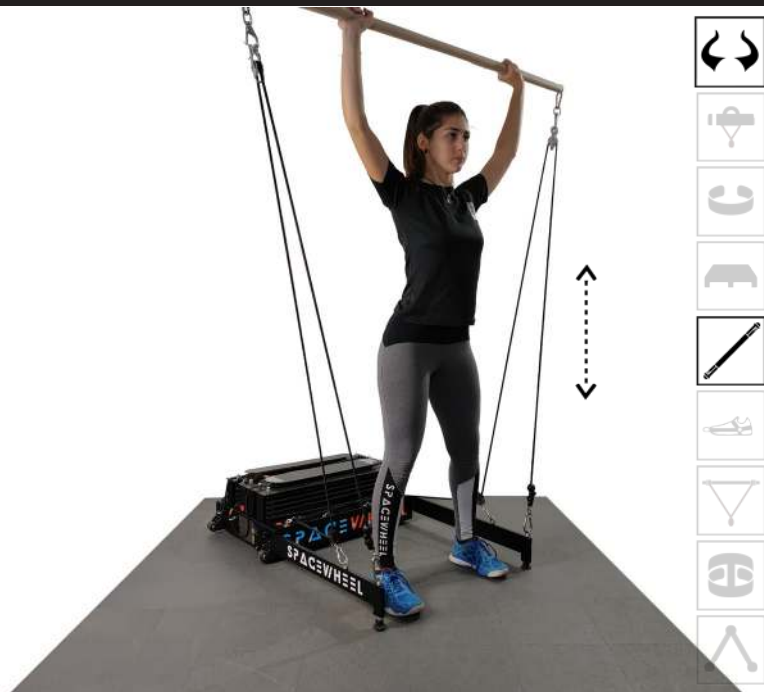
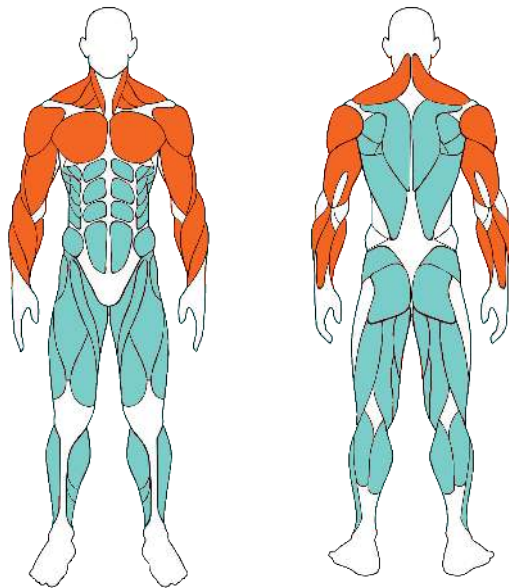
CLASSIC

SPALLE - SHOULDERS



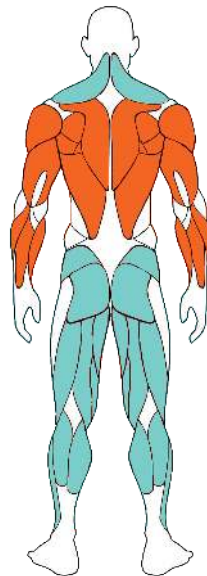
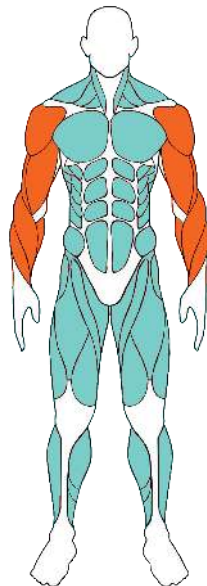
LATERAL LIFT

SPALLE - SHOULDERS



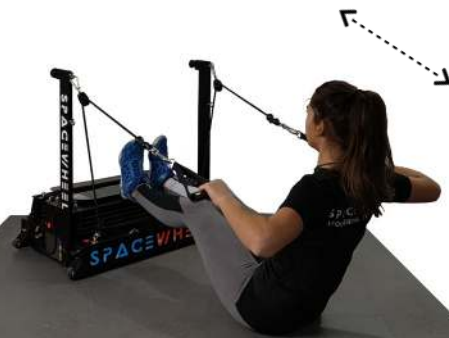
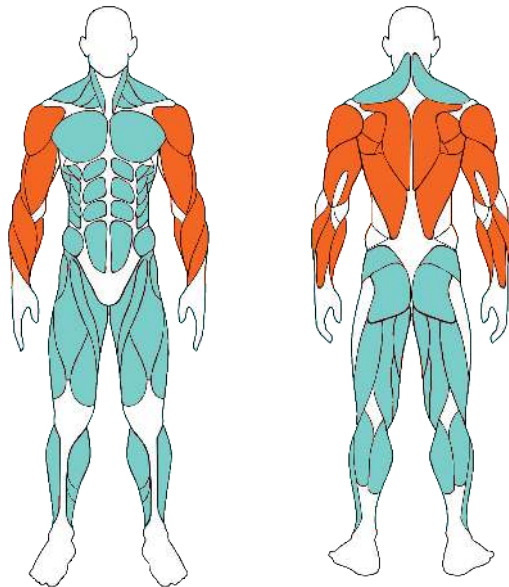
OVERHEAD

SCHIENA - BACK



UPRIGHT ROW

SCHIENA - BACK



Row



ESERCIZI FUNZIONALI
FUNCTIONAL EXERCISES

FUNZIONALI - FUNCTIONAL



FORWARD LOUNGES



STANDING TWIST

FUNZIONALI - FUNCTIONAL

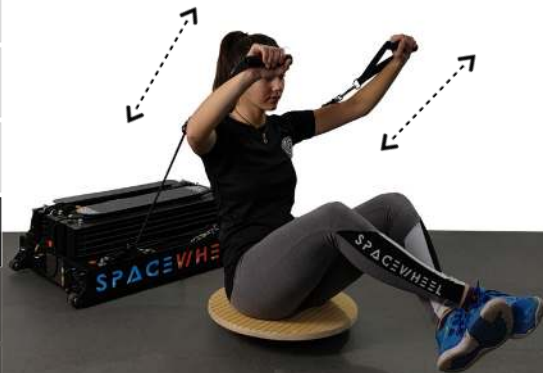


LATERAL OPENINGS



CORE STABILITY #1

FUNZIONALI - FUNCTIONAL



CORE STABILITY #2



IMBALANCE SCISSORS

FUNZIONALI - FUNCTIONAL



IMBALANCE LAUNGES



IMBALANCE LEG CURL

FUNZIONALI - FUNCTIONAL



UPSIDE JUMP



UPSIDE SKIP

FUNZIONALI - FUNCTIONAL



LOW DRIVE



UPPER DRIVE

FUNZIONALI - FUNCTIONAL



LATERAL DRIVE



KAYAK



FUNZIONALI - FUNCTIONAL



MILITARY DUCK WALK



PUSH UP



ALTRI PRODOTTI SPACEWHEEL
OTHER SPACEWHEEL PRODUCTS

DYNAMIC POWER



Dynamic Power are boards created and designed specifically for **training**

Developed with professionals in the sector are applicable to every sport activity

On boards is installed **Power** mechanism

Possibility to carry out several exercises at the same time, both on the upper and lower part of the body

The particular structure of the machine allows effective work at **180°**

Dynamic Power e Power Start sono pedane nate e pensate specificatamente per **l'allenamento**
Sviluppata con i professionisti del settore è applicabile a qualsiasi attività sportiva

Sulle pedane viene installato il meccanismo **Power**
Possibilità di effettuare contemporaneamente più esercitazioni, sia sulla parte alta che bassa del corpo

La particolare struttura della macchina permette un efficace lavoro a **180°**



DYNAMIC POWER PHYSIO

Dynamic Power Physio è la pedana nata e pensata specificatamente per l'**allenamento** e il lavoro **fisioterapico**

Sviluppata con i professionisti del settore è applicabile a qualsiasi attività sportiva

Sulle pedane sono installati i meccanismi **Power** e **Physio**, ideali per queste attività

Possibilità di effettuare **contemporaneamente** più esercitazioni, sia sulla parte alta che bassa del corpo

Dynamic Power Physio is a board created and designed specifically for **training** and **physiotherapy**

Developed with professionals in the sector are applicable to every sport activity

On boards are installed **Power** and **Physio** mechanisms, ideal for this type of activity

Possibility to carry out several exercises at the **same time**, both on the upper and lower part of the body



DYNAMIC PHYSIO REHAB



Dynamic Physio Rehab è la pedana nata e pensata specificatamente per il lavoro **fisioterapico** e **riabilitativo**. Sviluppata con i professionisti del settore è applicabile a attività su infortuni di qualsiasi natura.

Sulla pedana sono installati i meccanismi **Physio** e **Rehab**, **fluidi** e **delicati**, ideali per questo tipo di attività.

Possibilità di effettuare contemporaneamente più esercitazioni, sia sulla parte alta che bassa del corpo.

Dynamic Physio Rehab is the board created and designed specifically for **physiotherapy** and **rehabilitation**.

Developed with professionals in the sector it's applicable to injuries of any kind.

On the board are installed **Physio** and **Rehab** mechanisms, **fluid** and **delicate**, ideal for this type of activity.

Possibility to carry out several exercises at the same time, both on the upper and lower part of the body.

INFINITY LINE



Infinity è la linea di **colonne** di Spacewheel nata per l'ottimizzazione dello spazio di lavoro

Possibilità di effettuare contemporaneamente più esercitazioni, sia sulla parte alta che bassa del corpo (Pro II)

Eccellenti per l'attività **fisioterapica** possono essere installati direttamente a muro (Pro, Pro II e Start) o su castello (Mini)

I modelli Infinity supportano i meccanismi **Physio** e **Rehab**, più fluidi e delicati, ideali per questo tipo di attività

Infinity is Spacewheel line of **columns** created to optimize the workspace
Possibility to do several exercises simultaneously, both with upper and lower part of the body (Pro II)

Excellent for **physiotherapy**, they can be installed directly on the wall (Pro, Pro II and Start) or on rack (Mini)

The Infinity models support **Physio** and **Rehab** movements, which are more fluid and delicate, ideal for this type of activity.





CONTACT US

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